**Tamara John, M.D***.*

**Board Certified, Hand Subspecialty Certified**

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Education:

8/2005-5/2009 BS—Cornell University

8/2009-5/2013 MD—University of Rochester School of Medicine and Dentistry

Post-Graduate Training and Fellowship Appointments:

6/2013-7/2018 Resident in Orthopaedic Surgery

Yale New Haven Hospital, New Haven

8/2018-7/2019 Fellow in Hand Surgery

Hospital of the University of Pennsylvania, Philadelphia

Employment History:

9/2019 - 9/2021 Hand & Upper Extremity Orthopaedic Surgeon

The Southeast Permanente Medical Group, Atlanta GA

10/2021 – Present Hand & Upper Extremity Orthopaedic Surgeon

Owner, TJ Hand & Upper Extremity Surgery PLLC

Board Certification:

11/2021 – Present American Board of Orthopaedic Surgery (ABOS), Certified in Orthopaedic Surgery

8/2022 ABOS, Certified in Surgery of the Hand

Awards, Honors and Membership in Honorary Societies:

2019-2021 6 time “Rock Star Provider of the Month” Award Recipient at Kaiser

Permanente

2016 Recipient, Adrian E. Flatt American Society of Surgery of the Hand

(ASSH) Scholarship

2016 Appointed to Graduate Medical Education Committee (GMEC), Yale New

Haven Hospital

2013 Yale School of Medicine Excellent Teaching Resident Award

2009 Lunsford Fellowship Scholarship Recipient, University

of Rochester School of Medicine and Dentistry

2007 Intercollegiate Tennis Association Scholar Athlete Award

2006-2009 Dean’s List, Cornell

2005 United States Tennis Association (USTA) Dwight Mosley Scholarship

Recipient

2005 Key-Note Speaker, US Open Tennis Championship Opening Night Gala

Memberships in Professional and Scientific Societies:

2019 ASSH Member

2016 ASSH Resident Candidate Member

2015 Resident member, AOTrauma

2013 Resident Member, Yale New Haven Hospital Minority Housestaff Organization

2013 Resident Member, American Academy of Orthopaedic Surgeons

2009 Student National Medical Association (SNMA)

Leadership, Mentorship, and Work Experience

2022 Physician Panelist, Sowing Seeds: Orthopaedic Surgery Edition. 2022 SNMA Annual Medical Education Conference (AMEC), Orlando, FL.

2016-2018 Resident Representative, Graduate Medical Education Committee (GMEC),

Yale New Haven Hospital

2015-2018 Instructor, Musculoskeletal Workshops, Yale School of Medicine

2015 Assistant-coordinator/Instructor, Physician Assistant Orthopaedic Maneuvers

Workshops, Yale School of Medicine

2015 Co-coordinator/Presenter, American Medical Association (AMA)

Middle School Premedical Education Day

2011-2012 Coordinator, Student National Medical Association Annual

Pre-Medical Conference, University of Rochester School

of Medicine and Dentistry

2010 Coordinator/Master Instructor, Science and Technology Entry Program,

University of Rochester School of Medicine and Dentistry

2010 Creator/Organizer, University of Rochester Medical Center Charity Fashion

Show,University of Rochester Medical Center

2009-2011 Medical Assistant, UR Well St. Joseph’s Neighborhood Center, University

of Rochester

2009-2011 Mentor, Minority Association of Pre-Medical Students (MAPS), University of

Rochester School of Medicine and Dentistry

2009 Team Captain, Cornell University Women’s Tennis Team

2008-2009 Teaching Assistant, Physics 1101/1102 Course, Cornell University

2008-2009 Biology Student Advisor, College of Agriculture and Life Sciences at Cornell

University

2004-2005 Health Talk Show Host, WDKX Radio Station, #1 hip-hop and R&B Radio

Station, Rochester, NY

Book Chapters

**John T**, Dodds SD. Acute Triangular Fibrocartilage Tears. Chapter 24. In Eltorai and Akelman, ed. Orthopaedic Hand Trauma. Philadelphia: Wolters Kluwer | Lippincott Williams and Wilkins (in Press 2018).

**John T**, Sharkey MS. Diabetic Foot Infections. In Emergency Management of Infectious Diseases, 2nd Edition. Editor: Rachel Chin, MD. Cambridge University Press. In Press 2018.

**John, T**. & Carter, C.W. (in press). Medical Perspectives on Talent Development in Youth Sports. In J. Baker, S. Cobley, J. Schorer & N. Wattie (Eds.). The Routledge Handbook of Talent Identification and Development in Sport. London: Routledge. In Press 2016.

**John T**, Sharkey MS. Osteomyelitis. In Emergency Management of Infectious Diseases, 2nd Edition. Editor: Rachel Chin, MD. Cambridge University Press. In Press 2015.

Articles Accepted, Submitted, or In Preparation

Nguyen DM, Boden AL, Allen MK, **John T**, Knoll GM, Dodds SD. Dorsal Spanning Plate for Perilunate Dislocations. J Wrist Surg. 2021 May 11:11(1): 16-20. Doi: 10.1055/s-0041-1729634. PMID: 35127259; PMCID: PMC8807102.

Malpani R., **John T. S.**, Mercier M. R., Ottesen T. D., Nduaguba A. M., Webb M. L., & Grauer J. N. (2020). Readmissions After Distal Radius Fracture Open Reduction and Internal Fixation: An Analysis of 11,124 Patients. *JAAOS Global Research & Reviews*, *4*(7), e20.

Azoury SC, **John T**, Cheema AN,Behar BJ, Zapolsky IJ, Levin LS (2020). [American Society for Surgery of the Hand (ASSH) Presidential Address Themes, 1964-2018: Revisiting Our History as We Move Forward.](https://pubmed.ncbi.nlm.nih.gov/32322804/) *J Hand Surg Glob Online*, 2(4):246-249. doi: 10.1016/j.jhsg.2020.04.006. Epub 2020 Apr 22.

**John T**, Carter C, Sharkey MS, Nduaguba N (2019). Current Concepts Review: Peripheral Neuropathies of the Shoulder in the Young Athlete. *Phys Sportsmed.* 48(2) 131-141.

**John T**, Greene J, Nicholson A, Sharkey MS (2018). Correction of Genu Varum in a Patient with Achondroplasia using Guided Growth Technique: Case Report and Review of Literature. *Conn Med*. 82(5), 265-268.

Nelson S, **John T**, Keggi K. Accessory Incisions in the Direct Anterior Approach to Total Hip Arthroplasty. American Academy of Orthopaedic Surgeons 2017 Orthopaedic Video Theater.

Koehler R, **John T**, Lawler J, Moorman C, & Nicandri G (2014). Arthroscopic Training Resources in Orthopedic Resident Education. J Knee Surg, 28(01), 067074. doi:10.1055/s-0034-1368142

**John T**, Tobis S. Laparoscopic radical nephrectomy in the robotic era: Is the robot necessary? February 2012-May 2012. Department of Urology: University of Rochester Medical Center. Advisor: Scott Tobis, MD (Abstract).

Presentations

**John T** (2022). Treatment of Perilunate Injuries with Dorsal Spanning Plate Augmentation. 2022 American Society for Surgery of the Hand Annual Meeting. Boston, MA.

Sharkey MS, Feinn RS, Cahill S, **John T**, Nduaguba A (2017). Disproportionate Abstract Submission Rates for Women in Academic Pediatric Orthopaedic Surgery: An Analysis of POSNA Abstract Submissions 2012 2015. POSNA Annual Meeting. Barcelona, Spain

**John T** (2016). Management of Distal Radius Fractures: Patient-Specific Considerations. Department of Orthopaedics and Rehabilitation Grand Rounds, Yale University School of Medicine, New Haven CT.

**John T** (2016). Use of Guided Growth in the Correction of Lower Extremity Angular Deformities. Department of Orthopaedic Surgery, Waterbury Hospital.

**John T** (2015). Debated topics in Orthopaedic Joint Surgery. Department of Orthopaedic Surgery, Waterbury Hospital.

**John T** (2015). Paget’s Disease of the Bone. Department of Orthopaedic Surgery, Waterbury Hospital.

**John T** (2015). Correction of Lower Extremity Coronal Plane Deformities in Children: A Case Study in a Patient with Achondroplasia. Department of Orthopaedics and Rehabilitation Grand Rounds, Yale University School of Medicine, New Haven CT.

**John T** (2011). Assessing the Arthroscopic Training Resources Utilized in Orthopaedic Resident Education. Association of the American Medical Colleges: Research in Medical Education Conference. Denver, Colorado.

Tobis S, Trivedi D, Scosyrev E, **John T**, Allio B, Andler R, Rashid H, Joseph J, Wu G (2012). Laparoscopic Radical Nephrectomy in the Robotic Era: Is the Robot Necessary? Upstate New York Urology Resident Competition. Syracuse, New York